

ELLEVALE

ANTI-AGING • ENHANCEMENT • WELLNESS

DEFY THE DECADES

OUTSMART AGING
FROM YOUR 20s
TO YOUR 60s

**AGELESS HANDS
ARE POSSIBLE!**

Discover your options » p.38

»» **REFRESH
YOUR
NECKLINE
REFRESH
YOUR
FACE**



**HEART-
HEALTHY
HABITS
TO ADOPT
NOW!**



**TOP TRAINERS
REVEAL THEIR
POWER MOVES**

STATE-OF-THE-ART SKIN CARE

**[8 Essential Ingredients You
Should Know About!]**

JULY+AUGUST 10 \$5.00 CDN



Publications Mail Agreement No. 40078001 PO Box 357, Beeton, Ont., Canada L0G 1A0